

HAWKESBURY PARISH NEWS

* February

EDITORIAL

As February approaches, I have been starting to look at the seed and plant catalogues that are arriving in the post at an alarming rate. Having leafed through page after page of photos of the lush new varieties of Mediterranean-style fruit and vegetables seemingly

basking in sunshine, I wondered where all the varieties were that would suit the vagaries of the British climate. Nowhere could I find the varieties labelled "Ideal for swampland" or "Waterlog-friendly". So if anyone finds a catalogue of rice varieties and hardy watercress, I'll be very interested. Until then, I'll continue to tramp though the puddles in the back garden, wondering where on earth to start this season!

In this issue, we are also beginning to think about the commemorations for the centenary since the outbreak of World War 1. Your ideas on ways to commemorate this anniversary are invited and it would also be good to hear from anyone with memories of those lost, as well as those who survived and lived through such times of adversity. Your comments and thoughts are welcome, as always.

As you will see in this issue, there is a wealth of events coming up in the next few weeks, from a brisk Winter Walk on the 1st Feb, to Bollywood Night at the Hall on the 8th, and don't forget to pick up a bargain at the PTA Jumble Sale on the 8th too. Until next month, wrap up warm and let's hope spring is on the way at last!

Deadline for copy for the March issue is <u>15th February 2014!</u>

Please send it in as early as you can!



Useful Local Info



Hawkesbury Village Shop **Opening Times**

Monday - Saturday - 8am-6pm Sunday - 8am-12:30pm

High St, Hawkesbury Upton. Tel: 238639



Hawkesbury Post Office

Opening Times

Mon: 9am-2pm Thurs: 9am-1pm Tues & Wed: 9am-12pm Fri & Sat: 9am-5pm Back Street, Hawkesbury Upton, GL9 1BB

Tel: 01454 238341

Postal Collection (opposite shop) Mon-Fri: 4:45pm / Sat: 10:30am

Did you know that we have Websites for the Village and also for the Village Hall? www.hawkesburyupton.com and

www.village-hall.org

You can use these websites to:

- Check the Hall & Village calendars
- Book the Hall online
- View the Hall & Parish Council minutes
- View past editions of this magazine
- Link to many other village organisations
- and much more.



£1.50 per bag Compost £2.50 per bag Logs £1.50 per bag Firewood Woodchip £1.00 per bag

All available from the composting site behind the village hall

For more information on prices and delivery of larger amounts, contact:

Steve Dagger on 07903 037297

Hawkesbury Parish News

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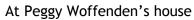
> Latest date for all items for the March magazine is 15th February.

DATES FOR YOUR DIARY



Coffee Mornings

Coffee Mornings take place on Mondays from 10am - 11.30am.



Tea, Coffee and a biscuit or two for 50p. All welcome.



SMALL, FRIENDLY YOGA CLASSES

with Joan Boulton at the Methodist School Room, Back Street *Thursdays 10-11.30am* All ages and abilities. Just £6 a session

More details call 01454 238044

Village Hall Breakfast

2nd March 2014 from 9.30 St David's Special!



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Charity shop items required for Mercy in Action who support ongoing work in The Philippines such as Orphanages, street children and house building for poor families.

Any donations can be dropped off at The Granary, Park Street or tel Diana 238472 and I will collect.

Hawkesbury Primary School PTA



Jumble Sale

Sat 8th February

10:30 - 12:30

Join us for tea and cake. Free entry!



Next Parish Council Meeting

The next Parish Council meeting will be on Mon 3rd February 2013, 7.30pm in the Village Hall.



Mobile Library

Times & Dates 3 & 17 February

Hawkesbury Village Hall 2.35 - 3.00 Hawkesbury War memorial 3.05 - 3.20 Hawkesbury Highfields 3.25 - 3.40



Evergreens

Lifeboats

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Talk about the R.N.L.I by John Barnett

Tues 11th February in the Village Hall 2:30pm start

If you would like to come along and need a lift please give me a ring. Mandy 01454 261436

HAWKESBURY GUIDES PRESENT ...

"The Princess and the Pauper" Saturday 15th March, Village Hall, 6.30pm.

Tickets on sale beginning of March, details in next months Parish Mag

THE PIGS ARE COMING BACK TO THE BEAUFORT ARMS

Join the Buffs on **Friday 21st March 7.30 for 8.00 pm start** in the skittle alley. Have a flutter on your favourite number or pig and help towards Cancer Research UK.

If you would like to sponsor a race please ring either lain Rae on 238702 or Peter Webb on 294916



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Hawkesbury Primary School PTA's



Friday 7th March 2014. 7.30pm
Hawkesbury Village Hall
Come along for a fun evening – an opportunity to
purchase things money can't normally buy!

FRDD DNTRY

GLASS OF WINE ON ARRIVAL

**FREE ENTRY INTO "HEADTEACHER FOR THE DAY"

DRAW**

Do YOU have something you could pledge?? – it could be sharing a skill you have, donating your time or an opportunity to visit somewhere – all pledges very gratefully received.

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We have just begun our third term at Preschool, with the themes of 'Rainbows' and 'The Gruffalo'. A big welcome goes out to our new children this term; Austin, Hugh and Ruby. We have already made our own wonderful rainbow and been experimenting with colour mixing.

By the time you read this, we will have enjoyed our first welly walk of the season around the village, which this time we are planning to combine with a Gruffalo hunt to tie in with our terms theme!

BINGO: The next fund-raiser for pre-school comes in the form of the annual 'BINGO' event, on Sat 1st March 4.30-6.30 at the village hall (see separate advert for details). This is a great family event. We are in need of Bingo prizes, so any donations of unwanted Christmas gifts are very welcome!

NEARLY NEW SALE: We are also planning another **nearly new sale** for **April 29**th as a part of the Tuesday toddlers session, so save the date in your diary – it will be a great chance to pick up some bargains. If you have any baby or toddler items to donate, please contact Laura Chappell (07528 064321) or Fiona Hurst (01454 238425). All proceeds from sales go directly to preschool.

A huge thanks also to everyone that bought tickets and donated prizes for the big Christmas raffle. This, as always, was our biggest fundraiser of the year and we raised an absolutely amazing £817.50 which exceeded our target.

If you would like to join pre-school, or for more information please contact one of our playleaders on 07989 484774. Alternatively please email us at enquiries@hawkesburypreschool.org.uk www.hawkesburypreschool.org.uk

HAWKESBURY TODDLERS WELCOMES YOU

Come along to our relaxed and friendly parent/carer and child group - from bump to 4

Enjoy coffee and chat while your little ones make the most of our extensive toy collection, art and crafts session, snack, puzzles, music, books and much more.

Every Tuesday in term time. 09.45-11.45. Hawkesbury Upton Village Hall.

Children's Society

Congratulations! Our total this year for the Hawkesbury Boxes was £361! Apart from one year when it was £363, this is our best ever.

A huge thank you to you all. Special thanks must go to **Betty Salthouse** who very kindly collected the boxes for me, to **Anne** at the shop and **Mark** at the Beaufort for changing up the silver. It made the trip to the bank a lot easier, but the £31 in bronze was pretty heavy (thank you for that Claire!).

Hopefully, an official thank you from the Society will come in time for the next mag.

Gill Morgan

Would you like cash for something round the home that you no longer want/need/like?

Well, why not sell it on ebay

No ebay account? That's no problem.

I have been active on ebay since 2001 and my 100% positive feedback is as a result of more than 700 deals

For a percentage I will deal with everything including taking photos of the item, setting up the auction on the ebay website, dealing with any queries from buyers, receiving the sale proceeds and posting off the item for you.

Some items might attract a better price at a local auction house, and dealing with this is another service I can offer.

You can set the starting price and if required, set a reserve price.

Any questions, call me on 238778, email me at

mickbendeaux@hotmail.com or come and see me at 20 Birgage Road.

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Hawkesbury Preschool Presents



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Hawkesbury Village Hall 4:30–6:30pm Saturday 1st March

Further information from Celia Rowlands 01454 232920 Or Laura Chappell 07528 064321

Hawkesbury Village Hall Annual General Meeting

10th February 2014 7.30pm In the upstairs meeting room

The Management Committee of the village hall is required to hold an AGM to review the activities of the past year including the funding of the Hall and to appoint officers for the forthcoming year. All villagers are welcome to attend and contribute to the meeting. It's your hall so come along and have your say.

Any formal business should be notified in writing to the Chairman - Angelo Sauro at least 7 days before the meeting (3rd Feb) – 62 Highfields, Hawkesbury Upton

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Sewing Bee

Calling all crafters and sewing enthusiasts!

I'm pondering starting a sewing bee in Hawkesbury. The idea being that like-minded people can get together once a week/month over a cup of tea or glass of wine, whilst crafting, sewing or knitting. If this appeals to you, please contact me with preferred times etc and we can take it from there.



Anne 238108 - anne.weaver@hotmail.co.uk





Hawkesbury Primary School PTA

Jumble Sale

Sat 8th February

10:30 - 12:30

Join us for tea and cake Free entry!

Please let Marina - 01454 238274 Miranda - 01454 238029 know if you have any donations or drop off at school.

Clothes, Bric a Brac, Books, Toys, Unwanted Gifts











Foreign Coin Collection Box for Children in Need

Need appeal.

Just arrived at Hawkesbury Post Office is a collection box for foreign currency. You can now donate any unwanted foreign coins and notes in support of the BBC Children in Need appeal.

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All children are welcome
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HAWKESBURY GARDENING CLUB

www.hawkesbury-gardening-club.org.uk

TROWEL & ERROR

Meetings are held at 8pm on the 4th Monday of the month in the Methodist Hall in Back Street.

Our next meeting is on Monday 24th February when Brian Noble will talk about 'Growing and Cooking Potatoes'. Come along and join the fun.

On Monday 24th March 2014 Davina Wynne-Jones will talk about 'The Influence of my mother Rosemary Verney'.

On Monday 28th April 2014 Fiona Warin will talk about 'Land Girls'.

On Saturday 31st May 2014 we are going to the National Botanic Gardens of Wales near Carmarthen. You are all are welcome to join us. Cost for coach only will be £15 for gardening club members and £18 for nonmembers. Entry price to the gardens for adults is £8.50, concessions £7.00 but free if you are a member of Friends of Westonbirt.

Terry Truebody (01454 238364).



BLUEPRINT FOR 2014

By Alan C.Porter



February is the month for planning. After spending January in a state of flux between watching Murder She Wrote and Countdown and an unhealthy amount of armchair sprawling, now is the time to stand up and be counted because Spring is that much closer. With that thought in mind, now is the time to create the blueprint of disasters for the year to come i.e the garden, decorating and holidays.

One's mind fills with grandiose ideas to create the perfect garden, unfortunately the ideas never quite match up to the reality of what actually happens. They haven't on previous years so I can see no reason that this year will be any different.

The same happens with decorating. The designs from House Beautiful never quite make it onto the walls of my lounge no matter what I do. And as for holidays, well to be honest, the holidays would be perfect if it wasn't for the rain



Hillesley Ball

Saturday May 10th 2014



Table reservations are now being taken. Tickets are £45 each and are ideally being sold in tables of 10. However some tables of 8 and 10 are available, as are single tickets.

A non-refundable deposit of £10/ticket is required by 15th Feb with the balance due 5th April 2014.

To reserve a table please forward your contact details with deposit to Clare Poole 1a Hawkesbury Rd, Hillesley or Kingswood Post Office. (Cheques payable to Friends of Hillesley School)



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Vegetable planting for February

As the days lengthen and we get more light, we can start to prepare for the vegetable-growing season. The following seeds can now be planted inside in modules or trays, ready for transplanting when the warmer weather arrives

Baby beet, Kohlrabi, Early cabbage and cauliflower, bulb onion seed, spring onions and onion sets The onion sets in particular will benefit from being started off indoors so that when planted out, they have a green shoot instead of a wispy straw at the top which the birds love to tug at. The same advice would apply to shallots also as they can be planted any time now,



The following seeds will give an early crop if planted now in the greenhouse border but horticultural fleece or old newspaper should be kept handy in case of frost so the young plants can be protected. It is vital however, that covering should be removed as early as possible as the plants need as much light as possible to flourish.

Salad leaves, carrots, radish rocket, mangetout or sugar peas, turnips

Potatoes can be planted in containers and moved outside when the weather is warmer.

This month is probably the latest time of planting for a really good garlic crop as it does need a period of cold in the ground to produce best results.



Pest Watch;

Lift and destroy any rogue potatoes from last years crop as they may harbour blight. Lift and bury deeply any brassica stems as they are used up in case they have become a winter residence for mealy bugs and whitefly. These pests would then just move over to fresh crops if left untouched

Brian Noble

Parish News subscriptions for 2014

Many thanks to all subscribers who have promptly paid this year's subs to their News distributors. Much appreciated.

If you have not yet paid and wish to continue to receive the Parish News, delivered right to your door every month, whatever the weather, please pay directly to your distributor or drop into me at 'Coombe View', High Street (next to the village hall car park) If you do not know the address of the wonderful person who delivers your Parish News each month, please contact me on 232910 or email vicky@the-hollies.co.uk

We look forward to entertaining and informing you throughout 2014 – and if YOU have a story, a comment, something to sell or buy, a book or film review or just an amusing anecdote, please email or write to either of the editors (details in the Parish News)

Happy reading, Vicky Rispin

Thank you

Dave Bright and family would like to pass on their sincere thanks for all the kind messages of support and condolence received following Vera's passing.

Many thanks also for the kind tributes, to all those who attended Vera's funeral and donated to the nominated charity, Dorothy House.

A belated Christmas greeting and Happy New Year for 2014 from Di, Geoff, Leonie, Hannah and Ben Stiles, who just missed the village Christmas Card before it was printed.

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Hawkesbury Local History Society



In April 1934, the *Daily Mail* published this photograph purporting to be an image of the Loch Ness Monster which only the year before was thought to have been responsible for a mysterious splashing in the water. Was this a living specimen of the legendary giant beast confronted by St Columba in 565AD? Controversy has reigned over the photograph and the creature it depicted for many years; some queries have been answered, others remain, and the loch has become a focus for visitors.

Gareth Williams, Professor of Medicine at Bristol University, versatile author of

many scientific papers, medical texts and two outstanding books for the general reader ("Angel of Death"- the story of smallpox, 2010 and "Paralysed with Fear"- a history of the attempt to eradicate polio, 2013), has many interests of a lighter vein, including the curious story of the Loch Ness Monster. Those of us who heard Gareth's talk about Edward Jenner last year are eagerly awaiting to find out what this entertaining raconteur will have tell us about 'Nessie'; why not come along too?

'The Loch Ness Monster' Friday 21st February, 8.0pm, Hawkesbury Upton Village Hall

All Welcome: Members £1.50, Visitors £3

A Really Nice Cup of Coffee

We have plenty of places to enjoy a nice cup of coffee in our neighbourhood, and opportunities for buying good coffee. Some coffee may be organic or even FairTrade. Have you ever wondered what FairTrade really means to the people who grow it? We grow vegetables in our gardens, but not coffee. Where does it come from and what are the growers really like? This FairTrade Fortnight we have a great opportunity to find out. Throughout the Fortnight (24 Feb - 9 March), **Margarita Espinoza**, **a FairTrade Coffee grower from Nicaragua**, will be visiting South Gloucestershire. She will be at some primary and secondary schools sharing with the students about her life in Nicaragua, and the positive impact that FairTrade has had on her and her community. On Saturday 1 March we can all meet and hear first-hand from Margarita at the Swan in Thornbury High Street, 10am-12noon. This **Meet the Producer** Fair will also offer FairTrade stalls including Traidcraft and Shared Interest, Fairtrade samples to try and a fun competition. So Margarita looks forward to seeing you there.



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WWI Commemoration

This year marks the centenary since the beginning of WWI, and there will be many national events to commemorate the event. Over the past couple of years the local Guides have organised excellent exhibitions recalling these two Great Wars.

It may be the Parish would like to organise its own services/exhibitions/memorials based on those who lost their lives and are named on the War Memorial. Many people will be aware that Simon Bendry has done some excellent research on the Memorial, and I am aware of other such work.

If interested parties could contact me; perhaps we can get together in the near future, to share plans for any parish events.

Sue Hope 01454 238673 sue.hope@southglos.gov.uk

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The Hall breakfast

Sunday March 2nd 9:30–11.30

A welcome return of the Sunday morning full English Breakfast. Come along and enjoy a quality breakfast whilst browsing the Sunday papers and catching up with the gossip!



All for £5.00



Choice of:

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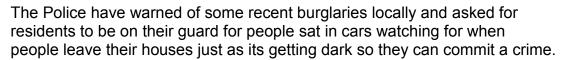
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Hawkesbury Upton Neighbourhood Watch

Reducing the opportunity for crime





The Police have advised us of the following:

"Three weeks ago there were two burglaries just down the road in Colts Green, Chipping Sodbury, again on a Friday evening.

On each occasion these are occurring in the evening between 6 and 8pm.

My assumption is that a lookout driver at the time of the crime notices a house nearby that the occupant happens to leave in a vehicle. The offenders then break into that house. The entry point is to the rear of the properties.

Please be aware of anyone or any vehicle that you are unfamiliar with and call 101 so we can check them out."

The burglaries are happening at a time that some would not consider as a usual time for such activity, but it is more common than you may expect for exactly that reason, most people assume the people are there for a legitimate reason. So if you are suspicious ring 101.

If you have information about any crime, phone the police on 101 or you can call anonymously to the independent charity CRIMESTOPPERS 0800 555 111. For general information about Neighbourhood Watch nationally see the www.ourwatch.org.uk website.





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How to run 5k without really trying

Do you want to take part in this year's HU5K Run, but think 5K seems 4.9K too far for your current level of fitness? Don't worry, if you start training now, by race day, you'll run it easily!

The secret of training for any long-distance run is to build up little by little. No-one starts out naturally able to run a marathon or even a 5K. Even Mo Farrah had to start training before he could do it!

Here's a quick and easy method in which you alternate running with walking, building up slowly as your fitness grows. Run just 3 times each week, which allows your body to rest on other days. Aim at a maximum of 20 minutes per session in the first few weeks. Then gradually increase your running time/reduce your walking time, until you're just running all the time. There's no hard and fast rule, just go with what feels right for your body, e.g.

Week 1: run 1 minute, walk 3 minutes – 4 times (16 minutes)

Week 2: run 1 minute, walk 2 minutes – 6 times (18 minutes)

Week 3: run 1 minute, walk 1 minutes – 10 times (20 minutes)

Week 4: run 2 minutes, walk 1 minutes - 8 times (24 minutes) and so on...

Once you can manage to run for 40 minutes, you'll do the 5k easily. Then you might like to focus on running faster to get a better time. But no pressure – walkers will be welcome too!

Don't be tempted to run too far, too fast, too soon – you'll only end up injured and setting yourself back. If you're too breathless to talk, you're going too fast. Slow down and walk for a bit till you feel ready to run again. The walking is good for you too, as it gets you used to being on your feet over the distance, so there's no shame in walking if you have to.

NB This is NOT medical advice! If you haven't exercised for a while or have any doubts at all about your physical fitness, consult your doctor before starting to train.

For more information about training to run, ask Beauty and the Beasts, our village London Marathon runners. Their achievement will also inspire you to run the HU5K!

For an entry form and more information, visit our website: www.hu5k.org, call Debbie Young on 01454 238401, or email debbiehawkesbury@qooglemail.com. HU5K is organised by Hawkesbury Primary School PTA, so all funds raised go to our village school. Corporate event sponsors are also needed – if you think you can help, please don't hesitate to get in touch.



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BEAUTY & THE BEASTS – Double digit days to go

Running continued through the Christmas and New Year period, important miles now being run as we build up to the marathon. The 3rd of January was 100 days to go until we will all be pounding the streets of London, and it's starting to feel a whole lot more real.

There is a milestone on 2nd March as our training plans have us running a half marathon that day – most of us are at Bath if you fancy watching us loop round the city twice.

Thanks for all your support; it continues to make a great difference to us and our charities

Events coming soon:

Saturday 8th February BOLLYWOOD NIGHT Curry & Disco @ Village Hall

Take your taste buds on a tour of the orient as we delight you with our tasty indian starters followed by a selection of tasty curries and side dishes. Then let your hair down with a boogie on the dance floor. Call Dave Anderson on 238799 to book tickets (£20 a head)

Saturday 8th March BEAUTY & THE FEASTS Mobile pop up dining in the Village

A 3 course dining experience in three houses on the same night. Enjoy different themes and company as you move venue to venue. Call Dave Anderson on 238799 to reserve a space (£25 a head)

Saturday 22nd March: TABLE TOP SALE Village Hall

Come browse wares, crafts & jumble 10am to Midday, enjoy a chat a cuppa. Tables available at £5. Please contact Vicky Starling 238418

Also available:

SOLE FOOD a recipe book of quality sauces to keep you warm on these colder nights & I'M AS BIG AS.....HEIGHT CHART it allows young and old, tall or small to measure themselves against an amazing scale of mythical creatures, household ephemera, birds, beasts and iconic objects. Call Jim O'Brien for more details on 07725 579389

NEWS FLASH!!! NEWS FLASH!!! NEWS FLASH!!! NEWS FLASH!!! The Beauty & the Beasts Quiz Night

"Let's Get Quizzical" held on Fri 17th January at The Beaufort raised a fantastic £592! This will go towards the current fundraising for the five charities — British Heart Foundation, Macmillan, Marie Curie, Mind and Tommy's.

Thank you to all those who took part and helped to raise such a great sum.

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Beauty and the Beasts Forthcoming Charity Fundraising Events

Saturday 8th February BOLLYWOOD NIGHT Curry & Disco @ Village Hall

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Hawkesbury & Horton WI

There was a good attendance at our first meeting of the New year with over forty members renewing their membership; and the evening began on a light-hearted note with a poem on the results of an over indulgent Christmas!.

Speaker for the evening, Mark Steeds gave a thought provoking talk on Reforming Women. Many of which were first in their field; breaking new ground in medicine

and education and other walks of life.

With new WI Resolutions now to be voted for this talk couldn't have come at a better time. And yes! The WI can make a difference.

When a resolution is adopted at national level a campaign in support follows. At present four resolutions have been put forward, all worthy of attention. Now we have to wait to see which one will be adopted. Every member has a vote in the process.

It was with sadness that we heard of the death of past member Myrtle Penn.

Our popular Social Evenings are to recommence and already people have come forward with recommendations.

Walking Group – It was announced by organizer Gill that the next walk will take place on the 18th February and will be a city walk in Bristol. Taking in Cabot Tower.

Book Group - Now reading Gone Girl by Gillian Flynn. They will meet at The Close, Tetbury.

Flower of the Month Competition was won by Wendy Weaver with a pansy.

Diary Dates

4th February Recipe Swap Evening

Bring something sweet or savoury

Competition Food Quiz

4th March Birthday Meeting

Anne Summers – Music with the "Jumping Chickens".

22nd March Visit to Adam's Farm

Visitors are always welcome to our meetings on the first Tuesday of the month, 7.30pm at the Village Hall.

Betty Salthouse 01454 238410

Thank vou

The family of Frank Preston would like to thank all who attended his funeral and to the many who have sent their sincere condolences.

It has been so comforting to hear so many stories of meetings with Frank and to hear how liked and respected he was around the village and surrounding areas.

The family would also like to thank all who helped in arranging the funeral.

Due to the notification not appearing in the local paper on time, we will be holding a small **memorial service** on Saturday 1st February at St Mary's Church at 11am.





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Walking in Winter - Saturday 1st February 2014

A brisk walk on a cold, bright winter morning is a great way to start your fitness regime for 2014. We'd love to have you join us on our New Year Walk where we will be taking in a route that goes down Broad Hill, out to Orange End, on towards Hillesley and then back to Hawkesbury. The walk is about 5 miles with some steep parts and a little bit of road walking.

Please meet in the Village Hall Car Park at 10.15 am for a 10.30 am start.

At the end of the walk we'll be returning to the Beaufort Arms where we would be delighted to welcome you to join us for home-made soup and a roll.

If you want to bring along a flask of coffee, we always include a short stop to top up the batteries. Depending on the weather, the walk may be muddy so wellingtons or walking boots are highly advisable. Dogs are very welcome.

If you would like to receive email notification of future walks, please contact Jane Jones on rightsofwaygroup@hawkesburyupton.com or telephone 01454 238633.

Hawkesbury Cricket Club — 300 Club

Prize winners for December 2013

Prize winners for January 2014

WIN	NUMBER	WINNER				
£100	303	Harold Perks				
£50	78	Julie Gardener				
£50	25	Mick Bendeaux				
£20	169	Win Duncan				
£10	90	Gill Morgan				
£5	204	Paul Broad				
£5	15	Gary Evans				
£5	113	Terry Truebody				
£5	201	Neil Weston				

WIN	NUMBER	WINNER			
£50	107	Laura Beeley			
£50	104	Doris Chappell			
£20	19	Dick Martin			
£10	62	Sue Hope			
£5	252	Chris Cousins-Short			
£5	153	Lyn Cullen			
£5	140	Denise Taylor			
£5	50	Terry Brown			

To join the 300 club, please contact any member of the committee. The cost is just £1 per month. Each month two £50, one £20, one £10 and four £5 winners are drawn.

Dean Simmonds 01454 238 327



Steve Duke

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World War 1. Centenary in 2014

2014 will mark 100 years since the start of the First World War (The Great War) and will last until 2018. Many countries are planning official commemorations. The BBC is planning a First World War centenary season on television, radio and online programmes over four years. The war started on Tuesday 28th July 1914 and the last day of WW1 was Monday 11th November 1918 known as Armistice Day. Austria – Hungary declared war on Serbia Tuesday 28th July 1914. Britain declared war against Germany on Tuesday 4th August 1914. In London, Big Ben was rung for the first time since the start of the war in August 1914 against Germany. The German delegation was ordered by its government in Berlin to sign any terms put on the table by the Allies and signed the terms of the Armistice.

There will be many First World War commemorations in 2014, in cities, towns and villages in England, including the beautiful village of Hawkesbury Upton, in South Gloucestershire.

The war memorial on the Plain at Hawkesbury Upton was erected in 1920, and unveiled on Sunday 8th August 1920. It commemorates the men of the parish who had lost their lives during World War One. On my last visit to Hawkesbury Upton in October 2007, I visited the war memorial and took some photos. The Memorial Inscription reads **To the Glory of God and in proud and loving memory of the Men of Hawkesbury who died for England 1914 – 1918**, with the names listed: Lionel Andrews, William Bennett, Fred Bleaken, Wilfred W. Bleaken, William Bleaken, Charles Butler, L. Mann. H. Stinchcombe, A. Tick, Reginald J. Carter, Stephen G. Carter, William Clark, Edward Coombs, Arthur C. Cox, Fred Crew, Sidney Deacon, Tom B. Dix, Ernest Eamer, George Eamer, Charles Gardener, Colin Goulding, George M. Hensley, William R. Holborow, George Howell, John Millard, Herbert J. Niblett, Edward Perks, Walter Stinchcombe, John R. Jenkinson, Albert Tandy, Ivor Thompson, Ernest Townsend, William G. Tuck, George A. Waite, Fred Whiting.

After the end of World War Two 1939 – 1945, the names of men who had died in that war were added to the memorial: A. Apsley, G. L. Diplock, G.T. Eamer, H.C. Harris, L. Mann. H. Stinchcombe, A. Tuck.

Diaries from British soldiers describing life on the frontline during World War One are published online by the National Archives. The project is part of the Government's World War One centenary programme.

World War One 1914 – 1918 and World War Two 1939 – 1945 will be of Interest to many who have access to the internet to find out more about relatives and friends who lost their lives during these times.

It would be of interest to many readers of Hawkesbury Parish News if it were possible for a DVD or photo CD or book to be produced with more information about the history and stories of the good men whose names are inscribed on Hawkesbury Upton War Memorial. A dedicated history researcher like Alf Beard and colleagues may be be capable of producing it. It could be sold on behalf of the village and would become 'a best seller'.

I look forward to visiting your beautiful village of Hawkesbury Upton again hopefully later in the year. Best wishes to you all.

Douglas Sims. 44 Tollards Road, Countess Wear, Exeter, Devon. EX2 6JJ

email: dsjsims@tiscali.co.uk

Stop Press! St Wulfstan's Day Celebrations

St Wulfstan's Day is January 19th and it was celebrated this year at both St Mary's and The Beaufort.

An evening service dedicated to the patron saint of peasants and vegetarians was followed at The Beaufort Arms with wine, cheese and more talks in praise of Wulfstan and the fantastic windows dedicated to him in the church.

£150 was raised for the Friends of St Mary's.

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Simply pleasures

All I ask from life is just an ordinary day. Not for me the heights, the depths – Just a quiet way.

Time to linger by the field to watch

The swallow's flight,

Time to count the canopy of stars -

That dot the night.

All I seek each day is just the joy of little things, Shadows floating o'er a pool made by moving wings.

Raindrops jewelling each flower, sunlight's dappled hand

Just the eye and heart for seeing beauty where I stand.

All I'd choose would be the joys which are always there,

Kettle singing on the stove, foot upon the stair. Quiet home for book or dreaming with a loved one near.

Just the humdrum things which make an ordinary year

Stamps response

Thank you so much to all those who collected up stamps over the festive season. The response has been amazing once again.

I have yet another big bagful to deliver to our friends who sort them and pass them onto the **Hearing Dogs** charity, to raise funds for assistance dogs for the deaf.

Each year, used stamps alone raise thousands of pounds for Hearing Dogs. Every stamp you collect plays a part in enabling them to help more deaf people so please keep the stamps coming and remember that no amount is too small—they all help

You can drop them into me at 24 Sandpits Lane or at Hawkesbury Post Office.

Many thanks,

Fiona Rowe

Say (Swiss) Cheese!

In the gloomy month of February, it's easy to slump into a state of inertia. If that's how the shortest month makes you feel, don't despair! There's one easy-to-learn technique that will help you conquer even the most daunting task, at home, at work, or anywhere else: the Swiss Cheese Method.

My husband just explained it to me, to spare me from despairing over my lengthy to-do list. All you have to do is tackle any big challenge by eroding it one tiny hole at a time. Disregard the larger task and focus instead on smaller, more manageable chunks. Need to spring-clean the whole house? Start by cleaning just one window. Overwhelmed by the state of your garden? Focus on weeding a single flowerbed.

Stick at it, and before you know it, you will have eroded so many holes in your apparently insurmountable task that it now looks like a Swiss Cheese – full of holes, and about to crumble to nothing before your eyes.

Do enough of these small tasks and you'll have no cheese left at all.

Which suits me perfectly, because, as my friends already know, I really don't like cheese.

Postscript: this system also applies to training for a long-distance run, such as the HU5K on Saturday 14th June. You'll find more ideas to help you prepare for that challenge elsewhere in this issue.

Read more musings on Debbie's blog at www.youngbyname.me

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Benefice Services in February 2014

Sundays	2nd February	9th February	16th February	23rd February
Readings	Candlemas Galations 4.1-7 Luke 2.22-40	4th Sun before Lent 1 Cor 2.1-12 Matt 5.13-20	3rd Sun before Lent 1 Cor 3.1-9 Matt 5.21-37	2nd Sun before Lent 2 Cor 11.19-31 Matt 6.25-end
Great Badminton St Michael				
Little Badminton St Michael		1115 Matins Richard Thomson		1115 Matins tba
Sopworth St Mary	6pm Evensong Alveen Thoresen		1115 Sung Comm BCP Richard Thomson	
Didmarton St Lawrence	1115 Matins Richard Thomson		8.30 BCP HC Richard Thomson	
Acton Turville St Mary	9.45 Fam serv Matthew Butler	8.30am BCP HC Richard Thomson		8.30am BCP HC Alveen Thoresen
Boxwell St Mary				
Leighterton St Andrew	8.30am BCP HC Richard Thomson	11.00 Mattins Alveen Thoresen	1100 CW Communion Alveen Thoresen	6pm SAT EVE Mary Beresford
Hawkesbury St Mary's	4pm Christingle Richard Thomson	6pm Evensong Alveen Thoresen	9.45am Fam serv Mary Beresford	6pm BCP HC Alveen Thoresen
Lasborough St Mary	9.30 Matins Mary Beresford	9.30 BCP HC + PCC Alveen Thoresen	9.30am Matins Alveen Thoresen	9.30am CW HC Alveen Thoresen
Oldbury-on-the-Hill St Arild				

Hawkesbury After School Club



Monday to Thursday 2.30 to 6pm

All children from Hawkesbury and neighbouring schools are welcome to come along and enjoy our activities. We aim to provide quality childcare at an affordable price and to offer a place where children can play freely and interact socially in the care of trained playwork staff.

If you book regular sessions in advance the price is £9 for your first child and £6 for each sibling. If you would like to book your child in for a one off session, the cost is £10 per session for the first child with siblings costing £7. These sessions are subject to availability.

All sessions can be booked by either dropping in to a session and having a chat with Louisa, our senior playworker, calling the ASC mobile on 07527 224741 during club hours, or call the school office during school hours

If you would like to know more about After School Club call me, Kim Anderson on 01454 238799 and I will be happy to help.



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FROM THE VICARAGE February 2014

Dear all,

The Bishop is coming in May to conduct a Confirmation service in St Mary's Hawkesbury. It is a wonderful experience if you or your children have not yet been confirmed. Preparation for Confirmation involves meeting with Alveen or myself to reflect upon the main areas of Christian life: Christian morality, prayer, belief and Sacraments.

If you had your child Christened as a small child/baby, you might like to consider Confirmation. It really is the most incredibly encouraging thing for a teenager. Not only are the Christian values you have tried to impart, re-enforced by the teaching of the church; but to have your parents, godparents and grandparents with you in church to witness you being confirmed just at a time when confidence is badly needed - is very powerful. It is one of those things that helps to give confidence to a young person. For teenagers, it can feel like a life ritual, bringing that recognition that they are becoming a young adult.

I will never forget my Confirmation. It reminded me just how much I was loved and supported by my family, at a time when pimples, gorgeous but unobtainable girls, and peers who seemed so much more confident than me, were beginning to make me wonder whether the values, love and happiness I had experienced in my childhood had just been some dreamlike fantasy. It was massively important to my development as a young man. It helped me hang on to those values which I now as a parent, try and impart to my children. As parents, we need all the help we can get with our kids, especially as young teenagers, and Confirmation is a big one.

Why else should you consider it? Because at the Last supper, Jesus commanded us to share the bread and wine to remember him. Whether it is twice a year or every week, the spiritual significance/joy of taking Communion, can only be experienced to be believed. Let me know if you, your son, or your daughter might be interested.

Richard Thomson, Vicar r.thomson@live.co.uk (01454 219236) www.badmintonchurch.org.uk/

February Midweek services

(On certain weeks Fri and Mon swap)

	Morning Prayer 8.45 am	Evening prayer 4.30pm (except Wed 3.30pm)
Monday	Day off	Day off
Tuesday	Hawkesbury	Boxwell
Wednesday	Acton Turville	Lasborough
Thursday	Leighterton	Sopworth
Friday	Lt Badminton	Gt Badminton
Saturday	Private	Private

Church Services in February 2014 For St. Mary's Church

Date	Time	Service	Readers	Readings	Sidesmen
				Galations 4. 1 - 7	B Salthouse
2nd Feb	<u>4 pm</u>	Candlemas - Christingle	T.B.A.	Luke 2 22 - 40	
9th Feb	6 pm	Evensong	M Gardener	1 Cor 2 1 - 12	M Davies
			S Webb	Matt 5 13 - 20	
16th Feb	0945 am	Morning Praise	M Bendry	1 Cor 3 1 - 9	A Craig
			P Bendry	Matt 5 21 - 37	
23rd Feb	6 pm	B.C.P. Communion	J Oldershaw	2 Cor 11 19 - 31	M Bendry
2nd Mar	0945 am	Morning Praise - Communion	N Couzen-Short		P Bendry
9th Mar	6 pm	Evensong	W Fairney L White		L Fairney

If you are unable to attend please telephone Linda Fairney: 01454 238553

Should you wish to speak to Rev Richard Thomson call 01454 219236 or Revd. Alveen call: 01666 890 548

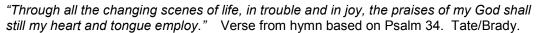
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Church Flowers: HELP NEEDED!!

N Round

St Mary's Church News

Churchwardens Mrs Linda Fairney 238553 & Mrs Mary Davies 238657 Keys for cleaners/flowers/church sitters please contact Mary Davies 238657 if possible the day before to arrange for collection.





It was wonderful to see so many people at our church services at Christmas. We were truly rewarded by the living Nativity which was part of the Light of the World service on Christmas Eve. The church started in darkness, and then, gradually, was filled with light, symbolising the appearance of Jesus as the Light of the World, come to lighten our darkness. The choir provided a beautiful musical setting, and then led us out to the stable, where we found the Mother and Child in a living tableau, with Joseph, and the sheep standing by. It was a very moving moment. We would like to thank Sir John Jenkinson for making the stable available to us, Mike Cox for providing the sheep, and the choir, whose singing adds so much to our worship. The Communion service on Christmas morning was also well attended, and completed our celebration of the birth of the Christ Child

Looking ahead now, we shall celebrate Candlemas, the Presentation of Christ in the Temple, in a service combined with Christingle, at 4 pm on Sunday 4 February. The children will be given all the materials needed for making their own Christingles, and all are most welcome to join us

Charity Lunches

Many thanks from Mary Davies to all who helped provide soup and rolls etc for the lunches and for all donations to charity, both money and in kind (to the Julian Trust). The wonderful sum of £250 from just three lunches was sent to the Macmillan Ward at Frenchay

The church electoral roll will be revised in April. If you wish to join the electoral roll, please ask Mary Davies or a member of the Parochial Church Council for a form

Date for your diary

Sunday 4 February – 4.0 pm – Candlemas and Christingle

Jennifer Oldershaw

THE METHODIST CHURCH

BACK STREET, HAWKESBURY UPTON



Services for February 2014

Sunday February 2nd	10:30 am	Joining with Bethesda
Sunday February 9th	10:00 am	Rev Gordon James - Holy Communion
Sunday February 16th	09:45 am	Morning Praise at St Marys
Sunday February 23rd	10:00 am	Rev Debra Chidakwa



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BETHESDA CHAPEL

PARK STREET, HAWKESBURY UPTON

Services for the month of February 2014

February 5	Sunday 2nd	10.30am	Mr Gareth Davies [C1
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Sunday 9th 10.30am Mr Peter Knight
Sunday 16th 10.30am Rev Philip Hopes
Sunday 23rd 10.30am Mr Mark Hearsum

BETHESDA ADVENTURERS MEET DURING THE SERVICE

Tuesday 4th February – A Time of Worship / Prayer ... 7.30pm Other Tuesdays at 7.30pm – Bible study / prayer Thursdays at 2.00pm – 'A time of prayer for revival'

Brian was a pupil at Dunhill School and he really wanted to be in Alec's gang. At lunch one day Alec was behind Brian in the queue. Alec tapped him on the shoulder and invited him to join their gang. Brian was ecstatic, but firstly, Alec needed a favour. The condition was this – Alec gave Brian £5 to go and buy cigarettes for him. Brian knew that this was illegal and said "No thanks". Alec asked – "Don't you want to be popular?" Brian said – "Of course I do, but I would rather be popular with God than with you." This was a very wise decision.

We have many decisions to make too. It is much better to "Trust in the Lord with all your heart, and lean not on your own understanding" Proverbs 3 v.6 It is better "know Christ Jesus and the power of His resurrection" Ph 3 v.10

M. C. Coates, Chapel Secretary

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District Councillor's Report

Budget & The Council Tax – It is likely that by the time the Parish Mag is circulated, the Council Tax budget will be decided at the Council Meeting. There has been extensive consultation regarding the Council priorities and the difficult decisions that will have to be made in all service areas. Public services are all under threat if the £30+million savings have to be found. Currently Councils wishing to raise the Council tax more than 2% will have to carry out a referendum, which of course comes with added expenditure.

Defibrillator- Many thanks to those who responded to the request for help with fund-raising including a volunteer who has come forward to help monitor the kit. Questions have been raised about how it might work- A member of the Ambulance Trust is willing to come along and explain all – I am afraid there is no date at the moment, but this will be circulated when decided. The cost of the cabinet is around £1000, and suggestions have been made for this to be included on the parish precept, as well as a healthy fund-raising lunch – watch out for details.

Community Awards – Nominations are invited for this award for any unpaid volunteers who contribute to the community. In the past Louise Roberts, Danny Blakeney, Mandy Clark, Mary Beresford and Lin Allen have received the award. If you would like to nominate anyone, you can let me know or the forms can be obtained from the Council website.

The Council is promoting **healthy lifestyles** – try to keep up that New Year's resolution by choosing from one of the many options, healthy family walks, and park runs starting in Chipping Sodbury on the 22 February.

Speed Limit on the A46 – after the consultation it has been agreed not to pursue a reduced speed limit on this road. It is hoped the funding can be used to help with reducing accidents on the A432 through Old Sodbury. Thanks to everyone for responding to the consultation.

Public Transport for Southmead Hospital. Although the funding has been agreed, the services which are to be supported have not been announced and further announcements are expected on how folk will get from Yate to Southmead. Don't forget to use the Minor Injury Unit at Yate – a very helpful service for local people.

The next Frome Vale Area Forum is on 6th March 2014 at Shireway Community Centre, Yate.

GRANTS

There is still money left in the NEW HOMES BONUS pot. If you want to a small (usually capital) grant to support your organisation, please let me know. It must fall within Council Policy. The grants are decided by Councillors at the Forum Meetings and could be withdrawn after March.

Please don't hesitate to contact me for any further information or help.

Cllr Sue Hope 01454 238673 Sue.hope@southglos.gov.uk07860 239600





Hawkesbury Parish Council

Planning Application received:

App. No.	Address	Description	Comments
PK13/4114/ RVC	Hawkesbury Upton	Variation of condition 3 attached to planning permission PK12/0924/F to read "The building shall be solely used for storage to support the agricultural use of the land or for domestic items or motor vehicles personally owned by the landowner	•
PK13/4534/ TCA	Back Street Hawkesbury Upton	Works to pollard to old points 2no. Acer Trees and crown thin by 10% and crown reduce by 20% 2no. Betula Pendula tree in the Hawkesbury Conservation Area	-
PK13/4666/F	Windways Chase Lane Inglestone Common Badminton	·	No Objection re garage just where its sited Take into conderation the neighbours concerns
PK13/4684/ TCA	Street Hawkesbury	Works to fell 1no. Silver birch tree and reduce 2no lime trees by 20% all situated within the Hawkesbury Conservation Area	-
PK13/4206/F	Hawkesbury Upton	and two storey side and rear extension to provide additional living	The Parish Council supports the application but would like to see provisions for more off street parking

Annual Big Spring Clean Event

Saturday 22nd & Sunday 23rd March 2014



Last year over 60 groups took part in the Annual BIG Spring Clean Campaign improving their local environment. Local Schools, town and parish councils, brownies, cubs, youth groups and local churches all took part.



The Latin-inspired, easy-to-follow, calorie-burning, dance fitness-party™. Feel the music and let loose!!!

Monday 6.30 - 7.15 pm—The Club Room,

Gloucester Street, Wotton

Tuesday 6.30 - 7.15 pm—Horton & Little Sodbury Village Hall, Horton

Thursday 6.30 – 7.15pm—*Charfield Memorial Hall, Charfield* For more details contact:-

Andrea on 07970125353 or andrea.benson1@btinternet.com



Ladies!! Do you want to improve your posture, strength, mobility and stamina?

Then Join a Fitness League Exercise Class!

Monday 7.30 - 8.45 pm—The Club Room,

Gloucester Street, Wotton

Wednesday 6.45 - 8.00 pm—Almondsbury Sport & Social Centre, Almondsbury

For more details contact:-

Andrea on 07970125353 or andrea.benson1@btinternet.com

Hawkesbury Parish Council (continued)

The campaign runs from 1st March – 30 April 2014; Hawkesbury Parish Council has registered to take part on Saturday 22nd and Sunday 23rd March giving everyone an opportunity to clear rubbish they may have seen lying around in hedges and verges. Free gloves and refuse bags will be available, provided by South Gloucestershire Council.

If you run a group/organisation or you are free that weekend and would like to be involved please contact the Parish Clerk with your details or just turn up at the Village Hall Car Park from 10am.

You can benefit from fresh air and exercise if you take part, while knowing that you are helping to reach South Gloucestershire Council's ultimate aim; that residents and visitors alike will be able to enjoy South Gloucestershire looking at it best.

Parish Council Meeting

The next Parish Council meeting will be held on Monday 3rd February 2014 in the upstairs meeting room in the Village Hall at 7.30pm.

Contact details for Hawkesbury Parish Council via:

Hazel Jones Parish Clerk 2 Fox Close Hawkesbury Upton GL9 1EQ

Tele: 01454 238074

parishcouncil@hawkesburyupton.com

Contemporary Philosophers.

- As I hurtled through space, one thought kept crossing my mind every part of this rocket was supplied by the lowest bidder ~ John Glenn
- When the white missionaries came to Africa they had the Bible and we had the land. They
 said 'Let us pray.' We closed our eyes. When we opened them we had the Bible and they had
 the land ~ Desmond Tutu
- When a man opens a car door for his wife, it's either a new car or a new wife ~ Prince Philip
- Wood burns faster when you have to cut and chop it yourself ~ Harrison Ford
- The best cure for sea sickness is to sit under a tree ~ Spike Milligan
- Having more money doesn't make you happier. I have 50 million dollars but I'm just as happy as when I had 48 million ~ Arnold Schwarzenegger.
- We are here on earth to do good unto others. What the others are here for, I have no idea ~
 WH Auden
- Kill one man and you're a murderer, kill a million and you're a conqueror ~ Jean Rostand.
- If life were fair, Elvis would still be alive today and all the impersonators would be dead ~
 Johnny Carson
- If God had intended us to fly he would have made it easier to get to the airport ~ *Jonathan Winters*



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Help us save lives – Community Champion Volunteers needed across South Gloucestershire



Avon Fire & Rescue Service (AF&RS) is looking for volunteers who can raise awareness of their Home Fire Safety Visits (HFSVs).

The Care Forum is the lead partner in this new project with Avon Fire and Rescue Service and is working in partnership with the Volunteer Centre Partnership South Gloucestershire to promote the scheme through the four local Volunteer Centres/Volunteer projects across South Gloucestershire.

Community Champion Volunteers will be asked to spend around eight hours a month talking to local groups about the benefits of a Home Fire Safety Visit and encouraging people to sign up.

Referrals they take will be passed to AF&RS and fire fighters will visit people in their homes to discuss home and fire safety issues specific to their property and fit free smoke alarms where required.

Community Champion Volunteers will be providing a valuable service to local people by helping to increase fire safety awareness and prevent accidental fires.

AF&RS Assistant Chief Fire Officer, Mick Dixon, said: "We are keen to spread the fire safety message across our local communities and have developed the Community Champion Volunteer scheme as a way to ensure we can reach those most in need. Community Champion volunteers have an important role to play in preventing fires and potentially saving lives."

As a Community Champion volunteer you will have the opportunity to gain new skills, meet a wide range of people and make a positive contribution to people's safety. If you feel confident talking to groups of people and would be happy to plan and carry out visits to local groups and events to promote AFRS Home Fire Safety checks please get in touch to find out more. No qualifications or previous experience are needed and full training and support will be given to all volunteers. (Volunteers are now being recruited throughout Bristol, Banes, South Gloucestershire and North Somerset.)

For more information, an application pack and Induction training dates please contact the Volunteer Support Team at The Care Forum on 0117 9589308 or e-mail volunteering@thecareforum.org.uk



Badminton Horse Trials News

The build up to the Mitsubishi Motors Badminton Horse Trials (May 7th-11th 2014) has begun, with the box office already open for advanced bookings. Badminton regulars will find the return to Saturday Cross Country a familiar, and perhaps welcome aspect, and as previously announced, the course for 2014 will have a new designer in Giuseppe della Chiesa, appointed by the Duke of Beaufort and Event director Hugh Thomas after last year's record breaking Trials.

The good news for the eighty plus riders who will start the Event is that the prize money has had a considerable boost, commensurate with the now truly outstanding standard of the international entry.

The winner will receive £80,000, up from £65,000 in 2013, and the increases are also reflected in the lower placings - giving much the highest level of prizes in the world right down to 20th place.

Badminton always supports a charity or 'good cause' and this year it will be Equestrian Team GBR in the build up to the World Equestrian Games; it would have benefitted in 2012 had that event not been cancelled.

As ever, the website <u>www.badminton-horse.co.uk</u> is a mine of information and it has now had a complete revamp. Badminton also has an App and can be followed on Facebook and Twitter.

What's on at Westonbirt 2014

Just announced!

Boyzone

Friday 18 July 2014

Tickets cost £42.90 (including booking fee)

Katherine Jenkins

Sunday 20 July 2014

Katherine Jenkins with the National Symphony Orchestra and Conductor Anthony Inglis will be performing.

Ticket cost £39.60 (including booking fee)

Tickets available from the Forestry Commission box office tel 03000 680400 or buy online.



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For more pictures & further details visit: http://www.ownersdirect.co.uk/france/FR19942.htm

Email: bleaksandsal@hotmail.com or Tel: 07510516050 or 01454 238316

Valentine's Day Facts...

On Valentine's Day, 1876, Alexander Graham Bell applied for a patent — for the telephone.

Richard Cadbury invented the very first Valentine's Day chocolate box in the late 1800s? He opened his first shop in 1824.

In the middle Ages, young men and women would all draw names from a bowl on Valentine's Day. Whoever they drew, they would wear that name on their sleeve for one week.

Under the Edge Arts

Under the Edge Arts (UTEA) is a volunteer-run community arts centre offering a wide range of arts classes, events and activities including regular live music performances. Book online, or by contacting us on 07791 323869.

Venue: The Chipping Hall, Wotton-under-Edge GL12 7AD The UTEA Spring programme of performances and art, dance, music, craft and drama classes is in full swing. Visit the UTEA website at www.utea.org.uk. email: info@utea.org.uk phone: 07791 323869 Website and Online booking at www.utea.org.uk

February Events:

Sat 1st February, 2pm - 4.30pm The Croutons Vocal Workshop

Come & sing crunchy harmonies with The Croutons: A vocal workout in three parts to get those chords fizzing. Just take 3 Croutons, soak in lashings of teaching experience & spice with tangy arrangements. Simply add singers without any need for experience & before you know it, you'll be performing on stage. Open to all abilities, no music reading required. £10/£8 or £17 including evening performance.

Sat 1st February, 8pm - The Croutons: Alphabet Soup & Vocal Magic

The Edinburgh award-winning vocal trio create a world of harmony without instruments. From Massive Attack to Doris Day, by way of dark folk tales and smoky cabaret clubs - you won't believe what three voices and a few bits & pieces can do. www.thecroutons.info. Costs £9/£7 or £17 including The Croutons Workshop.

Sat 8th February, 8pm - Phil Beer

UTEA are thrilled to welcome back Phil Beer, one of the most popular ambassadors for acoustic roots music. Phil is perhaps best known as a top-flight fiddler and plays in the all-star line-up, Feast of Fiddles. But his skills don't stop there: he also plays guitar, viola, mandocello, mandolin and South American cuatro, not to mention contributing rich vocals. Tickets cost £12/£10.

Sun 9th February, 2-5.30pm-Irish Set Dancing

Dancing in four couple square sets to uplifting music... guaranteed fun and good exercise too. Connects with a fantastic Irish music and dancing scene in England and Ireland. Entrance costs £4.

Sat 15th February, 10am-4pm -Ten Years On: Have Your Say Day

Drop in and remind yourself of some of the many exhibitions, live music gigs, workshops, classes and other events we've put on over the last ten years. Then tell us what you'd like to see in the next ten!

Sat 15th February, 8pm - Rob Terry Trio

A fresh, exciting new trio featuring Rob Terry's compositional work - a superb mix of modern jazz with strong nods to the harmony and sensitivities of the classical world. With Rob on piano, Paul Jefferies on double bass and Paul. Tickets £8/£6. Fri 21st February, 8pm - Miranda Sykes & Rex Preston Miranda Sykes & Rex Preston have a unique connection which is a pleasure to listen to & plain to see why they share a stage together. The rare fusion of double bass & mandolin makes for one of the most exciting new pairings on the acoustic roots scene. www.sykespreston.com. Tickets £10/£8.

Sat 22nd February, 10am-4pm - Beginners Sewing

Learn how to set up and use a sewing machine. You will learn all about fabrics, how to pin accurately and how a sewing machine works so you can deal with any problems that arise. During the day you will make a funky chicken pincushion and a zippered purse. To book a place or for more details, please email: guiltingthegrain@btinternet.com, or phone 07792172181. Workshop costs £45 Including all materials.

Shopmobility South Gloucestershire



TELEPHONE: (01454) 868718

MOBILE: 07999 574474

Email: shopmobilitysouthglos@yahoo.com

Registered Charity No. 1107379

Shopmobility (South Gloucestershire) is a non-profit making charity and provides a service to people with mobility problems. South Gloucestershire Council, the National Lottery including donations, sponsors our charity and grants form a variety of organisations.

Our services seek to improve independence, social inclusion and social contact for people, often cited as one of the most significant benefits. We also sign post people to agencies that may be able to help on other related matters.

We are seeking to identify people with mobility problems most at risk of social isolation who may require additional support to access our service by forging closer working within the Council, Community Transport groups, paid carers and other organisations.

Scooters can enable people to access local amenities and shops including ability to transport goods in greater comfort.

Many with their own scooters with access to a car use our service as it reduces problems associated with:

1/Getting exposed to cold or rain when travelling by scooter.

2/Concern of scooter break- down whilst travelling.

3/Exertion and risk associated in lifting a scooter in and out of a car.

4/The inability to travel by scooter to local shops, amenities and social groups where there is lack of pavement or where roads may be hazardous to travel along (class 3 scooters only).

The hire of scooters may address the financial barriers people may experience and problems associated with lack of storage and inability to access their home. If people or their spouses have served in the forces you may be eligible for provision of a scooter free of charge through your local British Legion.

Longer-term hire of scooters may provide sufficient time for people to recover from an operation or temporary disability. People may wish to try a scooter to gain confidence prior to deciding whether to buy one for themselves.

Longer-term hire provision may enable those visiting the area for a period of time, the ability to get out and about.

It can also be useful for those awaiting repair of their own scooter. We have scooters that will dismantle and fit within most car boots that can be taken on holiday.

We recognise that people may feel particularly isolated if they do not have access to a car or public transport.

The impact of sudden loss of health through accident or illness and associated lack of confidence may compound the social isolation a person experiences.

We believe front line staff within statutory and community organisations are in a good position to identify, signpost and support isolated people with physical disabilities access our service independently. If you require some leaflets please get in touch.

Limited support from a carer or social care staff may be very beneficial in this respect.

Longer-term support may be required for those who are severely isolated without access to transport and those with limited sight or cognitive difficulties or onset of sudden illness.

Please feel free to contact us if you feel we can help you or somebody you know.

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I am available at weekends and some weekdays.

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For South Gloucestershire Bus Pass **Holders**

Otherwise a £4.00 Scooter Hire Charge Payable (Wheelchairs £1.00)

Shopmobility is based at Yate Library and is open

Tuesday & Friday Thursday & Saturday 9:30am - 4.00pm

9.30am - 2.00pm

Telephone 01454 868718 or Mobile 07999 574474

We can deliver and return a Scooter/Wheelchair to your car, local bus stop, taxi or community transport within the shopping centre.

Longer – term hire is available subject to availability It is advisable to book in advance. Times subject to change



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Babysitting, Dog Walking and Pet Sitting



Natalie Atkinson	01454 238858	I am a reliable and experienced 16 year old available for babysitting on most week days (june to september), evenings and weekends anytime.
Cerys Bradley	01454 238761	19yr old, experienced babysitter available all day and/or evening for child minding or mathematics tutoring (up to and including GCSE level).
Caroline Carnegie	60 Highfields 01454 238918	16yrs old. Available for Baby sitting, Dog Walking and Pet Minding.
Charlie Carnegie	60 Highfields 01454 238918	14yrs old. Available for dog walking and grass cutting.
Caitlin Houlbrook	01454 238844 07779396639	I am 15 years old, a reliable and experienced babysitter, dog walker (I own a dog so can handle them very well) and pet minder. Available most days after school and weekends, or anytime in the school holidays.
Abbie Merritt	01454 326155 07531 377077	I am raising funds for my World Challenge trip to Ecuador in 2015. I am available to babysit most evenings and weekends. I am also able to offer a pet minding service - specialising in exotic pets. I am used to handling reptiles, amphibians, invertebrates, arachnids, and anything woolly, fluffy or hairy.
Katie Munro	01454 238 174	I am a 16 year old experienced babysitter (references can be supplied). I am reliable and trustworthy and love working with young children. I am available most evenings and weekends term times and at all times during the school holidays.
Libby Musty	01454 238118	I am 18 years old and have had a lot of experience babysitting for a number of families in the village as well as looking after a variety of pets - from dogs, cats, ducks, and chickens whilst their owners are away.
Jake Pember	01454 232997	I am fundraising for KLB World Challenge 2015 expedition to Ecuador. I am available for babysitting, dog walking, feeding pets or any other jobs - just ask and I'll see if I can oblige

Didmarton Flicks in the Sticks "About Time"

Friday 14th February 2014 19:30
Didmarton Village Hall
Cash Bar from 18:30
£3 in Advance
from Jenny Body
01454238358 jenny.body@virgin.net
£3.50 on the night

FACTS YOU MAY NOT KNOW.....

It takes glass one million years to decompose, which means it never wears out and can be recycled an infinite amount of times!

Your tongue is the only muscle in your body that is attached at only one end .

The song, Auld Lang Syne, is sung at the stroke of midnight in almost every English-speaking country in the world to bring in the new year.

Drinking water after eating reduces the acid in your mouth by 61 percent.

Peanut oil is used for cooking in submarines because it doesn't smoke unless it's heated above 450F.

The roar that we hear when we place a seashell next to our ear is not the ocean, but rather the sound of blood surging through the veins in the ear.

Nine out of every 10 living things live in the ocean.

Airports at higher altitudes require a longer airstrip due to lower air density.

The University of Alaska spans four time zones.

In ancient Greece, tossing an apple to a girl was a traditional proposal of marriage. Catching it meant she accepted.

Intelligent people have more zinc and copper in their hair.

The Swine Flu vaccine in 1976 caused more death and illness than the disease it was intended to prevent.

Caffeine increases the power of aspirin and other painkillers, that is why it is found in some medicines.

The military salute is a motion that evolved from medieval times, when knights in armour raised their visors to reveal their identity.

If you get into the bottom of a well or a tall chimney and look up, you can see stars, even in the middle of the day.

The moon moves about two inches away from the Earth each year.

The Earth gets 100 tons heavier every day due to falling space dust.

Due to earth's gravity it is impossible for mountains to be higher than 15,000 meters.

Soldiers do not march in step when going across bridges because they could set up a vibration which could be sufficient to knock the bridge down.

Everything weighs one percent less at the equator.

For every extra kilogram carried on a space flight, 530 kg of excess fuel are needed at lift-off.

The letter J does not appear anywhere on the periodic table of the elements.

To advertise your company or services in the Hawkesbury Parish News, email us at

<u>parishnewsads@</u> <u>hawkesburyupton.com</u>

and reach a wide local audience.

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Offering you the latest in digital widescreen technology with XpanD 3D. Sit back, relax and enjoy the film in the comfort of luxury seating and surround sound.

Moshi Monsters: The Movie (2013) Cert U- Running time: 81 mins

Join Katsuma, Poppet and the other Moshi Monsters (along with a very eager Mr Snoodle) in an action-packed, song-filled race against time to stop evil Dr Strangeglove and his incompetent Glump sidekick Fishlips from pulverizing the recently discovered Great Moshling Egg.

Saturday, 1st February 14:00 Sunday, 2nd February 14:00

Mandela: Long Walk to Freedom (2013) Cert 12A - Running time: 146 mins

MANDELA: LONG WALK TO FREEDOM celebrates Nelson Mandela's extraordinary journey from his childhood in a rural village through to his election as President of South Africa. It explores the Mandela unknown to most of the world - the lover of fancy cars, a ladies' man, the boxing enthusiast and playboy, the skillful lawyer and freedom fighter. The film is an intimate portrait of the making of a modern icon.

Saturday, 1st February 19:45 Friday, 7th February 19:45 Thursday, 13th February 14:00 Tuesday, 4th February 19:45 Saturday, 8th February 14:00 Thursday, 6th February 19:45 Tuesday, 11th February 19:45

The Hunt (2012) Cert 15 - Running time: 116 mins

Thomas Vinterberg's critically-acclaimed THE HUNT is a powerful and disturbing depiction of how quickly a lie can become the truth when gossip, doubt and malice are allowed to flourish. Following a tough divorce, 40-year-old Lucas is starting to pull his life back together again. He has a new girlfriend, a new job, and is in the process of re-establishing his relationship with his teenage son Marcus. However one passing remark threatens Lucas's newfound stability. One of the children he looks after at the nursery where he works, a little girl with a vivid imagination, tells a random lie which is impossible to ignore. Her allegation spreads like a virus, quickly acquiring the veneer of truth the more it is told. As shock turns to mistrust and then malice, it doesn't take long before this small community is in a collective state of hysteria.

Sunday, 2nd February 19:45

All is Lost (2013) Cert 12A - Running time: 106 mins

Deep into a solo voyage in the Indian Ocean, an unnamed man (Robert Redford) wakes to find his 39-foot yacht taking on water after a collision with a shipping container left floating on the high seas. With his navigation equipment and radio disabled, the man sails unknowingly into the path of a violent storm. Despite his success in patching the breached hull, his mariner's intuition and a strength that belies his age, the man barely survives the tempest. Using only a sextant and nautical maps to chart his progress, he is forced to rely on ocean currents to carry him into a shipping lane in hopes of hailing a passing vessel. But with the sun unrelenting, sharks circling and his meager supplies dwindling, the ever-resourceful sailor soon finds himself staring his mortality in the face.

Friday, 31st January 19:45 Saturday, 8th February 19:45 Wednesday, 5th February 20:45 Sunday, 9th February 14:00 Thursday, 6th February 14:00 Thursday, 13th February 19:45

Nebraska (2013) Cert 15 - Running time: 115 mins

A father and son steer the American road comedy into a vanishing Midwest on the trail of a dubious fortune - and in search of an understanding of each other that once seemed impossible. Stubborn, taciturn Woody (Bruce Dern in a role that won Best Actor at the Cannes Film Festival) believes he's got one last shot at mattering: a notice that he's the lucky winner of a million-dollar sweepstakes.

Sunday, 9th February 19:45

Wednesday, 12th February

20:45

Find us on Facebook - Electric Picture House Follow us on Twitter - @WottonCinema

Information is correct at time of going to press.

Wotton Electric Picture House 18A Market Street, Wotton-Under-Edge, Glos, GL12 7AE 01453 844601 - general enquiries (during opening hours) 01453 844401 - 24 hour recorded message



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STRESS & STRAIN EXHAUSTION MALFUNCTION

EASE & FLUIDITY JOYFULNESS VITALITY

Restores the natural equilibrium by re-aligning the body with its centre of gravity. Release from pain and an increased sense of well-being inevitable follow.

ANGELA ECKLES 01454 238 894 / 07947862 622 30 years experience in natural therapies For the uninitiated:-

to solve the puzzle, each row, column and 3x3 box must contain each of the numbers 1 to 9.

EASY!

NOT SO EASY!!

9								5
			8		5			
			2 3	3	5 6			
2			3		8			6
	4	3				9	2	
			9		7			
	2						4	
	5	8				7	9	
4		1				5		3

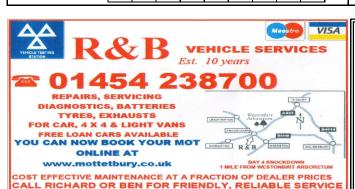
			3		9		4	2 9
			8	7		6		9
	6	5			3		2	
		7		8		9		
	8		5			9 3	6	
6		9		5	7			
6 5	3		2		4			

Answers to the January quizzes:-

	4	8	2	6	1	7	5	3	9
<u>'Easy'</u>	7	9	6	3	4	5	2	1	8
Lasy	3	1	5	2	8	9	7	4	6
	8	3	1	7	2	6	တ	5	4
	6	5	4	1	9	3	8	7	2
	တ	2	7	4	5	8	3	6	1
	2	6	3	တ	7	4	1	8	5
	5	7	9	8	6	1	4	2	3
	1	4	8	5	3	2	6	9	7

'Not so Easy'

4	9	2	5	1	3	6	8	7
6	7	3	8	တ	4	2	5	1
5	8	1	6	7	2	4	3	9
2	3	7	1	4	5	9	6	8
9	6	4	2	3	8	1	7	5
1	5	8	9	6	7	3	2	4
7	2	9	3	5	1	8	4	6
8	4	6	7	2	9	5	1	3
3	1	5	4	8	6	7	9	2



- Physiotherapy
- Homeopathy
- Podiatry
- Chiropody
- Chiropractic
- Aromatherapy
- Reflexology
- Acupuncture
- Holistic Massage
- Sports massage
- Nutritional Advice • Pilates Exercise Classes

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We do our best to keep the contact list up-to-date. Any changes should be sent to parishnews@hawkesburyupton.com.